

weekly experience schedule

something for everyone



saturday, june 5th

***8am round robin mixer** – enjoy a morning of tennis and the opportunity to play with other guests. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

11:00am teen water volleyball- calling all teens to meet at the pool volleyball net and start your own volleyball game. volleyball available at the pool hut.

1:00pm-3:30pm island sounds-enjoy live steel pan music at the pool. come out and enjoy!!

2:00pm bobbing for sodas and beer- challenge your bobbing skills for a chance to win soda, beer and more! meet a fun team member at the pool hut.

3:00pm iguana feeding and fun facts- help feed this reptile, native to the caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

discover...a great new book- enjoy our book swap in the main lobby near business center.

WESTIN kids club

Westin Kids Club makes your vacation a real vacation by providing supervised, super-fun activities for children 3 to 12 years of age with hour, half-day, full day and night sessions. You may find yourself competing with our Fun Team staff to spend time with your own kids! Stop by our Westin Kids Club Discovery Room or call x 2267 to learn about our morning, afternoon and night fun filled sessions.

Our Kid's Club also provides a babysitting service for infants and children of all ages! To make your reservation visit the kid's club or dial x 2267.

operating hours

pool hut – extension 1982 7:30am – 6pm
westin workout & spa – extension 1903 7am – 9pm
kid's club – extension 2267 9am -4pm
teen center (arcades) 9am – 10pm

* denotes an activity fee

sunday, june 6th

11:00am wii tournament- meet a fun team member in the teen center for wii games on the flat screen! ages 7 and up, accompanied by a parent if under 12yrs. space is limited.

1:00pm crab races- come out and join in on a local pass time- crab races! the whole family can enjoy. you get to pick out your own crab and watch him race to the finish line. meet the "crab mon" on the beach next to snorkels.

1:00pm-4:00pm island sounds- live music at the pool. come out and enjoy the liquid sunshine band!!

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

4:00pm teen water volleyball- calling all teens to meet at the pool volleyball net and start your own volleyball game. volleyball available at the pool hut.

7:30pm splish, splash movie bash – "Dr. Dolittle 2" - rated pg. come swim and lounge at the main pool while enjoying tonight's movie with the whole family! the fun team will provide snacks, please bring your own drinks. (weather permitting). *no glass containers, please.*

Rainy Days

Unfortunately it does rain in paradise but don't let that get you down! During rainy days visit our 1,200-square-foot Arcade featuring air hockey, video games, a flat screen TV with surround sound and much more. Located next to the Kid's Club.

pool towels

pool towels are available at the main pool hut. please remember to provide your "refresh" towel card and drop your used towels off in the bins provided.

**all activities begin promptly at listed times

monday, june 7th

8:00am meditative tune-up- yoga promotes harmony, relieves stress & induces relaxation. meet at the westin workout & spa or call x 1903 for more information.

***9:00am-11:00am pool side chair massages-** we invite you to visit our therapist at pool cabana 6 to relax, unwind, and rejuvenate with a little taste of the westin spa. \$1 a minute, max of 15 minutes.
complimentary hour 10-11am.

***11:00am-11:15am Crayola Craft-** need a break from the sun? join us for a fun art project that can be a gift or you can keep for yourself. meet a fun team member at the pool hut. **\$5/coin purse**

***1:30pm island tie dye-** meet a fun team member on the tennis lawn for fun tie dye creations of art.
\$10.00/shirt or hat. adult, child & infant sizes!

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

***6:00pm-10pm- westin kid's club night camp-** enjoy an evening out or a restoring treatment at westin spa while your kids explore at our night camp. open to 3 to 12 year olds and includes arts and crafts, board games, dinner and more. \$55 per child. for more information dial x2267.



relax. restore. rejuvenate.

The Westin Resort St. John Spa offers excellent professional services in relaxing tropical surroundings. Unleash your energy and achieve that inner glow through hot stone treatments, massages and facials.

Book your appointment by dialing x 1903.

tuesday, june 8th

***9:00am-11:00am pool side chair massages-** we invite you to visit our therapist at pool cabana 6 to relax, unwind, and rejuvenate with a little taste of the westin spa. \$1 a minute, max of 15 minutes.

10:00am shoppportunities- learn all the inside secrets to shopping in the vi. meet shelley at the main lobby.

***10:00am tennis serve clinic-** learn how to master your tennis serve while in paradise. dial x1903 for more information and to sign up.
24 hour advance sign-up is required.

10:30am at peace with pilates- this class focuses on the "power house" (abs & buttocks) to execute the exercises which are designed to increase flexibility, strengthen muscles and improve posture. please call x 1903 for more information.

***11:00am- 11:30am Crayola Craft-** need a break from the sun? join us for a fun art project that can be a gift or you can keep for yourself. meet a fun team member at the pool hut.
Frogs and Lizards/\$3 or 2 for \$5

1:30pm-2:00pm Disney Bingo- meet a fun team member at the arcade for interactive Disney style bingo. Limit 12

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

***4:30pm round robin mixer -** enjoy an afternoon of tennis and the opportunity to play with other guests. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

Get Out and Have FUN!

Volleyball, Football, Basketball, Pool Table Balls & Sticks, Ping Pong Ball & Paddles and much more available for check out from your FUN Team at the Pool Hut!

***denotes an activity fee**

****all activities begin promptly at listed times**

"everything's funny as long as it's happening to somebody else!" - will rogers



wednesday, june 9th

7:00am early risers coffee and chat- meet fellow guests at mango deli as you enjoy the caribbean morning.

8:00am meditative tune-up- yoga promotes harmony, relieves stress & induces relaxation. meet at the westin workout & spa or call x 1903 for more information.

***11:00am Crayola Craft: st. john picture frames-** join a fun team member at the pool hut and make frames for the fabulous vacation here in st john!
\$2/each

2:00pm bobbing for sodas and beer- challenge your bobbing skills for a chance to win soda, beer and more! meet a fun team member at the pool hut.

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

3:30pm-6:00pm margarita wednesday- join us at snorkels restaurant for margarita specials, nacho bar and live music!

7:30pm splish, splash movie bash - "The Princess and the Frog" - rated g. come swim and relax at the main pool while enjoying tonight's movie with the whole family! we will provide snacks, please bring your own drinks. (weather permitting). *no glass containers, please.*

pool cabana's

enjoy your day in the sun with a private pool cabana! available for half-day or full day rentals and includes bucket of beer from Snorkel's, chilled bottles of water, personal hammock, flat screen tv, dvd player, ipod docking station, mini fridge, sunscreen and much more! to book your cabana or for more information visit the pool hut or dial x 1982.

**Reserve a full day cabana this week and receive \$50 off a fifty minute pool cabana massage from the Westin Spa. Dial x 1982 or x1903 for more information.*

thursday, june 10th

9:00am aqua aerobics- a cardiovascular workout in the pool designed for minimal impact on the joints. body toning and flexibility work are included. meet at the main pool or call x 1903 for more information. **enjoy this morning class while your kids explore at westin kid's club morning hour session available for 3-12 year olds 9am-10am- \$15. call x 2267 for more information.*

***10:00am- volley clinic-** join our tennis pro for this our clinic and learn tips on improving your game. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

10:30am at peace with pilates-this class focuses on the "power house" (abs & buttocks) to execute the exercises which are designed to increase flexibility, strengthen muscles and improve posture. meet at westin workout & spa or call x 1903 for more information.

11:00am potato sack races - see how fast you can bounce in a potato sack. great prizes and great fun! meet a fun team member at the pool hut.

***1:30pm island tie dye-** meet a fun team member on the tennis lawn for fun tie dye creations of art.
\$10.00/shirt or hat. adult, child & infant sizes!

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

***4:30pm round robin mixer -** enjoy an afternoon of tennis and the opportunity to play with other guests. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

***6:00pm-10:00pm- Mom & Dad Date Night-** mom & dad can enjoy dinner at Cruz Bay Prime while the kids have their own night out at kid's club night camp! receive a free dessert with entrée purchase at Cruz Bay Prime when one or more kids attend kid's camp! kid's camp is available to 3-12 year olds and includes dinner, arts & crafts, board games, movie and much more. \$50 per child. dial x2267 for more information.

***denotes an activity fee**

****all activities begin promptly at listed times**

"a smile happens in a flash, but its memory can last a lifetime."

8:00am meditative tune-up- yoga promotes harmony, relieves stress & induces relaxation. meet at the westin workout & spa or call x 1903 for more information.

***10:00am- adult beginners tennis clinic-** learn the basics of tennis while in paradise. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

***11:00am adult intermediate tennis clinic-** learn some tips from our tennis pro on improving your game. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

11:00am treasure hunt- meet a fun team member at the pool hut to go on a hunt for westin treasure, *accompanied by a parent if under 6yrs.*

***2:00pm cookie creations-** come decorate cookies at the beach café with a fun team member. *reservation required with a cap of 15 persons- to sign up call x 2267 by 12 noon \$5.00/person*

3:00pm iguana feeding and fun facts- help feed this reptile, native to the Caribbean, while learning interesting facts. meet a fun team member in front of bldg. #10. don't forget your camera!

***4:30- buddies challenge tennis mixer-** challenge your friends and other guests in an afternoon of tennis. dial x1903 for more information and to sign up. *24 hour advance sign-up is required.*

***6:00pm-10:00pm- Mom & Dad Date Night-** mom & dad can enjoy dinner at Cruz Bay Prime while the kids have their own night out at kid's club night camp! receive a free dessert with entrée purchase at Cruz Bay Prime when one or more kids attend kid's camp! kid's camp is available to 3-12 year olds and includes dinner, arts & crafts, board games, movie and much more. \$50 per child. dial x2267 for more information.

important numbers

kids club x 2267
pool x 1982
westin workout & spa x 1903
tennis pro shop x1740, 1903
main lobby x 1703
marina lobby x 1704
service express x "0"
vacation service desk x 1702 or 1751

fitness fans, walkers & joggers

pick-up your self guided map at westin workout & spa. meet up with other vacationers or go on your own. dial x 1903 for more information.

resort photography

capture those great family moments in paradise. call lucas at 340.244.3945 or x 2002 for more information on our resort photographer or to make your reservation.

seaside souvenirs & decor - sand art

join the seaside memory team on the beach to make your own seaside inspired souvenirs and decor. from picture frames to foot prints, these caribbean works of art are sure to be treasured memories for years to come. located on the beach by the dock.

sun noon- 4:00pm and mon - fri 10am-3pm

tennis operations

open daily 7:00am - 9:00pm

sign up for all **tennis clinics/private lessons** at westin workout & spa or call x 1903. must register for tennis clinics 24 hours in advance.

- *adult beginners clinic, mon, wed, fri 10:00am
- *adult intermediate clinic, mon, wed, fri 11:00am
- *kids clinic, mon, wed, 3:30pm
- *teen clinic, mon, wed, 4:30pm

Cruz Bay Watersports:

Located at the Westin dock and in the main lobby. Complimentary non-motorized watersports equipment: kayaks, aqua bikes, sunfish, & Hobie Cats. **special Cruz Bay activities:** **discover scuba-** meet a watersport staffer at the main pool mon, tue, wed, 8:30am for an introduction to the world of scuba. (ages 12 & up - 12-18 yr olds need to be accompanied by an adult.) ***sunset sail-** experience a Caribbean sunset while enjoying champagne & hors d' oeuvres 5:30pm sun, wed, fri. ***virgin gorda -** explore the world famous baths & snorkel the caves at norman island. 7:45am wed & fri. ***jost van dyke -** visit the famous Foxy's & Soggy Dollar bar while enjoying sugar-white sand beaches of white bay. 7:45am tues & thurs. ***snorkel sail-** sail & snorkel aboard the 'island spirit'. 12:45pm-4:00pm sun, wed & fri. ***wreck of the rhone dive-** lying in three distinct sections (bow, midsection and stern) west of Salt Island, regarded as a classic among wreck dives. 7:45am thurs. ***night dive-** dive at this secluded reef where turtles are common. wed, 6pm *call cruz bay watersports at x 1834/1799 for more information about the above activities.*

a perfect score!

your resort **sun team** is committed to creating excellent vacation memories! if for any reason your satisfaction with **activities** is less than perfect, please let us know right away. please remember to look out for our guest satisfaction surveys in the mail when you return home.

* denotes an activity fee

**all activities begin promptly at listed times

"laughter is an instant vacation." -milton berle